

ALLIANCE JIU-JITSU | HUNTINGTON BEACH

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am - 7am	Intermediate	Fundamentals	Intermediate	Fundamentals	Intermediate	
7am-8:30am	Competition Class	Competition Class	Competition Class	Competition Class	Competition Class	8am-9am Intermediate 9am-10am Littles Eagles/Warriors
8:30am-9:30am	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	9am-10am Baby Eagles 10am-11am Fundamentals
10am-11am						
12pm - 1pm	Intermediate Fundamentals	Fundamentals Intermediate	Intermediate Fundamentals	Fundamentals Intermediate	No Gi No Gi	
1pm - 2pm						

4pm - 5pm	Baby Eagles 3-5 Kids Competition Class	Baby Eagles 3-5	Baby Eagles 3-5 Kids Competition Class	Baby Eagles 3-5	Kids Competition Class
5pm-6pm	Little Eagles 6-8	Little Eagle 6-8	Little Eagles 6-8	Little Eagles 6-8	
5pm - 6pm	Eagle Warrior Women's Only	Eagle Warrior Fundamentals	Eagle Warrior Women's Only	Eagle Warrior Fundamentals	Kids No Gi 6-12
6:00pm-7:00pm	Fundamentals Intermediate	Fundamentals No Gi	Fundamentals Intermediate	Fundamentals No Gi	Fundamentals Intermediate

New Students - NO experience:
3 Intro classes required before attending Fundamentals class

Intermediate White belt 2 stripes or higher
Advanced Blue belt or higher
NoGi / Int White belt 2 stripes or higher or wrestling experience

****ALLIANCE UNIFORM IS REQUIRED
GI AND NO-GI CLASSES | NO EXCEPTIONS!****

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